

# THE FLEET & FAMILY SUPPORT CENTER



Naval Air Station Patuxent River  
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## JANUARY 2026 WORKSHOP & EVENT SCHEDULE

*Registration required please call or email FFSC. Classes are available to all with base access, unless otherwise noted.*

	FFSC CLASSROOM	
JANUARY 1-2	FFSC CLOSED	0730-1630
JANUARY 5	SAPR CEU	0830-1230
JANUARY 7	EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) 101	1100-1200
JANUARY 8	BUILDING HEALTHY RELATIONSHIPS (Teams)	0930-1030
JANUARY 8	HOME BUYING	1400-1530
JANUARY 9	SMOOTH MOVE (Teams)	1200-1300
JANUARY 12	STRESS MANAGEMENT	1000-1100
JANUARY 12-16	COMMAND FINANCIAL SPECIALIST (CFS) TRAINING (Teams)	0800-1630
JANUARY 13	HUNT, FIND & APPLY	1000-1200
JANUARY 14	SUICIDE PREVENTION COORDINATOR QUARTERLY MEETING (SPCs/ASPCs ONLY)	1300-1400
JANUARY 15	PRESEP (ACTIVE DUTY ONLY)	0900-1130
JANUARY 15	EFFECTIVE PARENTING	1000-1100
JANUARY 15	WHAT IS STALKING? (Teams)	1000-1100
JANUARY 15	1 DEGREE OF SEPARATION (SUICIDE PREVENTION) (Base Theater)	1300-1400
JANUARY 19	FFSC CLOSED	0730-1630
JANUARY 20	DEPLOYMENT SUPPORT (Teams)	1230-1330
JANUARY 21	WARRIOR TOUGHNESS SYMPOSIUM (Bldg. 401)	0830-1500
JANUARY 21	NETWORKING & JOB SEARCH	1000-1200
JANUARY 22	SPONSOR TRAINING (Teams)	1100-1200
JANUARY 22	SURVIVOR BENEFIT PLAN (Teams)	1400-1530
JANUARY 23	DOMESTIC VIOLENCE CMT/FAP BRIEF	1000-1130
JANUARY 29	WHAT IS STALKING? (Teams)	1000-1100
JANUARY 29	SAVING & INVESTING	1400-1530



\*TAP Schedule is on [www.tapevents.mil](http://www.tapevents.mil). Please see Command Career Counselor for TAP Class Registration\*

**Note: Classes are subject to change. Please call for the most updated schedule.**