



# Special "Back To School" Edition

## SCHOOL LIAISON News

Sept. 2023

### DID YOU KNOW...

[Where'sThe Bus](#) is a mobile application and website where families of Charles County Public Schools can access live bus arrival and departure information. Users can see minute-to-minute arrival time and bus information.

#### King George Public Schools accept non-public school student as part-time student.

Section 22.1-253.13:2.N of the Code of Virginia allows (but does not require) school boards to permit part-time attendance of children receiving home instruction or enrolled in non-public schools under the provisions of § 22.1-254.1 of the Code of Virginia. If you would like to apply for part-time enrollment, please [click here to read the instructions and access the application](#).

State of MD has approved the HB301 allowing the active military dependent to register for school without proof of residency up 10 days when the sponsor requires to provide the documents.

Navy CYP sponsors various webinars through Military Child Education Coalition portal. Topics for Sept. 2023 include *Keys to Academic Success* (Sept. 5), *Staying Involved in Your Child's Education* (9/12), *Communication 360* (9/19) and *Bully Prevention for Military Connected Children and Youth* (9/26). To register follow the link at [MCEC Parent Education](#).

[Due Process Hearing Toolkit](#) is available at the Parent Educational Advocacy and Training Center (PEATC) website. Visit [www.PEATC.org](http://www.PEATC.org) or call (800) 869-6782.

Dahlgren School has new DODEA gender-neutral dress code policy effective this school year, which can be found at [DoDEA School Dress Code - Effective School | DoDEA](#)

NSASP School Liaison has some school supplies for those in need. Contact info next page.

### 12 Study Tips for Back to School

*Now is the time to break out of your same-old homework habits. Try these study tips and get the brain boost you need for back to school:*

1. **You don't need ONE study space-** A well-stocked desk in a quiet place at home is the key, but sometimes you need variety. Kitchen, park, libraries or even just moving outside will give you a change of scenery which can prompt your brain to retain information better.
2. **Track more than homework in the school planner** – Keeping a calendar helps to plan ahead. More are going on than just homework assignments. Marking extra-curricular, chores, aside from tests dates, games, half days and holidays can keep your schedule organized.
3. **Start small** – If a big project is looming, stay motivated by completing a piece of the project every few days. Write one paragraph each night or do 5 algebra problems from your problem set at a time, and then take a break.
4. **School supplies (alone) don't make you organized** – come up with a system and keep to it. Keep the system simple – such as big binder with color-coded and/or keeping separate notebooks/folders for handouts.
5. **Get into a routine.** Choose the best time to do the homework every day, which can change depending on the schedule. However, routines make the day less stressful.
6. **Learn how to create a distraction-free zone.** Try turning off tv, phones, social media notifications, etc. to concentrate with homework. Noise-cancelling headset can be helpful if noise is the main culprit to concentrate.
7. **Get real.** Be realistic about how long a homework can actually take. Gauging the time needed to read and write a response. It will help you plan how to spend your time wisely.
8. **Use class time wisely.** If teacher is finished with lectures and still have time left before class ends, get a jump on the subject's homework while still fresh in your mind.
9. **Look over your notes each night to make sure you've got it.** Review topics learned from the day.
10. **Study a little every day,** which will keep your mind in the mood for learning.
11. **Don't let bad grade keep you down.** Use low or "bad grades" as your motivation to do better
12. **Make a friend in every class.** Network with classmates. Ask for assistance from teachers or parents.
13. **Stuck in homework? Use tutor.com.** A live tutor paid for by DOD.
14. **Try to apply what you've learned** in daily interactions or conversations to ensure retention and understanding of topics.
15. **Find time to relax** and do things you enjoy on non-school days!
16. **Ensure a balance of after-school activities and learning time** is always in place to have a stress-free schooling!!!

Reference: [Princeton Review](#)

## **HELPFUL RESOURCES TO SUPPORT LEARNING**

**MILITARY INTERSTATE COMPACT** - deals with the challenges of military children and their frequent relocations. It allows for uniform treatment as military children transfer between school districts in member states. It addresses key issues such as eligibility, enrollment, placement and graduation.

**TUTOR.COM/MILITARY** - a free live, online tutor for active military families and extended to DOD civilians servicing K-12 and college students.

**DOD MWR LIBRARIES** - online resources for free e-books, audio books and peer-reviewed articles. Authorized patrons can access test study guides and practice exams online and through a mobile app, including ACT, SAT, writing, mathematics, AP subject exams and more. Visit your local installation library for assistance.

**SCHOOL QUEST by MCEC** - a free, easy-to-use interactive tool specially designed to support highly mobile military families and students to save hours of time, which help eliminate the academic challenges they face.

**MILITARY ONE SOURCE Education Consultant** - looks into education options for the student, referrals to education services that best meet the child's needs and makes connections to a wide variety of resources. They can answer your questions and provide information about services and benefits.

**Khan Academy** - A non-profit organization, Khan Academy has exercises, videos and articles for students in every grade level. Parents use this site as a tutoring resource. It explains step-by-step procedure solving a problem. Parents and teachers can also use the teacher tools to monitor progress and assign specific work.

**Penn State Better Kid Care** - offers short videos on Kindergarten Readiness topics.

**Today's Parent Guides** TODAY Parenting Guides in partnerships with Chan and Zuckerberg Initiative provide benchmarks and tips for your child's academic, physical and social emotional growth.

**CHARLES COUNTY PUBLIC SCHOOL'S Student Service Learning Program** a teaching method that combines meaningful service to the community with curriculum-based learning. Students improve their academic skills by applying what they learn in school to the real world, and then reflect on their experiences to reinforce the link between their service and learning, which starts from Grade 6.

**VA DEPT OF EDUCATION'S SOL Practice Test** - examples of the types of online test items, including technology-enhanced items (TEI), that are presented to students during an online state assessment. .

**Navy CYP has launched a Pilot program Circkled In** - CNIC CYP is actively evaluating how Circkled In can alleviate the educational disruptions experienced by military families. Circkled In is an award-winning, secure, user-friendly platform that allows students to compile all of their accomplishments in an transferable, online environment throughout their childhood and adolescence so they can get connected to the best-fit educational & employment opportunities.

*Disclaimer: The Dept. of the Navy does not endorse or promote any products mentioned on this*

**"Education is the passport to the future, for tomorrow belongs to those who prepare for it today."  
—Malcolm X**

**ARE YOU TRANSITIONING IN OR OUT OF NSF  
INDIAN HEAD OR NSF DAHLGREN? CONTACT  
YOUR NSASP SCHOOL LIAISON OR THE  
YOUTH CENTER FOR ASSISTANCE AND  
RECEIVE A KIT!!**

Dahlgren Youth Center  
540-653-8009

NSASP School Liaison  
Office: (540) 653-2070  
Cell: 540-413-7287  
Email: NSASP\_SL@us.navy.mil

Indian Head My Generation  
Youth Center 301-743-5456



**HAVE A SUCCESSFUL 2023-24 SCHOOL YEAR!**