

THE FLEET & FAMILY SUPPORT CENTER



NSF DAHLGREN
6027 School House Ln. Ste. 208
Dahlgren, VA 22448
540-653-1839

NSF INDIAN HEAD
4260 Steve's Way Bldg. D-328
Indian Head, MD 20640
301-744-4846



JUNE 2022 WORKSHOP SCHEDULE

To register for a workshop, call FFSC at 540-653-1839. Classes are available to all with base access.

DAHLGREN FFSC CLASSROOM

CAR BUYING BASICS

JUNE 1

1500-1600

SAPR REFRESHER

JUNE 9

0800-0900

CFS REFRESHER

JUNE 29

0800-1600

INDIAN HEAD FFSC CLASSROOM

CAR BUYING

JUNE 8

0900-1000

CNIC LEARNING MANAGEMENT SYSTEM WEBINARS

Make a free account at [MyNavyFamily.com](https://learning.zeiders.refineddata.com) (NMCI use <https://learning.zeiders.refineddata.com>)

YOUTH SUICIDE AWARENESS AND PREVENTION

JUNE 1

1000-1100

Everyone should be familiar with the warning signs associated with suicide, suicide facts & statistics, and how to find help for at-risk youth. Knowledge is power and together, we can save lives!

LEADERSHIP STRATEGIES: INFORMAL RESOLUTIONS WITH EMPLOYEES

JUNE 16

0800-0900

In this training, we aim to give participants an understanding of how informal resolution works and the tools to implement the process effectively. Therefore, this virtual training is suitable for anyone that manages or leads a team.

JUNE 21

1300-1400

JUNE 23

1000-1100

FAMILY ADVOCACY PROGRAM BRIEF

JUNE 2

1200-1300

Learn about the Family Advocacy Program, how it works and the many resources available through the Fleet and Family Support Center so our community can be proactive about their own behaviors and get rid of stressors in a more healthy way. Learn about the many resources currently available to assist the service member, their dependents, the family as a whole, and the DoD civilian work force and how to access them for a healthier work and family life.

JUNE 8

1400-1500

JUNE 13

1100-1200

JUNE 22

1300-1400

Note: Classes are subject to change. Please call for the most updated class schedule.