

# 2024 TEEN CENTER

# JANUARY

SUN	MON	TUES	WED	THURS	FRI	SAT
	<i>New Year's Day</i> 1 TEEN CENTER CLOSED	2 TEEN CENTER CLOSED	3 TEEN CENTER CLOSED	4 TEEN CENTER  BGCA Triple Play: Social Recreation Curriculum	5 TEEN CENTER  KEYSTONE	6
7	8 TEEN CENTER  BGCA Triple Play: Daily Challenges	9 TEEN CENTER	10 TEEN CENTER  MYOY	11 TEEN CENTER	12 TEEN CENTER  KEYSTONE	13
14	<i>MLK Day</i> 15 TEEN CENTER CLOSED	16 TEEN CENTER	17 TEEN CENTER  MYOY  BGCA Power Hour	18 TEEN CENTER	19 TEEN CENTER  KEYSTONE	20
21	22 TEEN CENTER	23 TEEN CENTER  TEENS UNITED	24 TEEN CENTER  MYOY	25 TEEN CENTER	26 TEEN CENTER 8-5 PM KEYSTONE <i>Teens Choice</i> 4H Communicatio ns Curriculum	27
28	29 TEEN CENTER	30 TEEN CENTER  BGCA Ultimate Journey	31 TEEN CENTER  MYOY		L & S H & W Art S & R STEM Field Trips	*Teen Center open Mon-Fri from 2-6 PM, unless otherwise noted!

Open Recreation Program is open to all middle school and high school students with base access. Teen Center Program open to all teens ages: 12\*-18, with base access.



46870 Tate Rd, BLDG 2815  
Patuxent River, MD 20670  
Teen Coordinator: (202) 718-8466  
Teen Center: (301) 757-3265  
maegen.r.welch@navy.mil



# EVENT DETAILS

## Activities

**01/04: Triple Play: Social Recreation-** Part of the Triple Play suite of programs, Social Recreation builds social-emotional skills in the gamesroom & beyond. In six thematic units, activities help young people develop healthy relationships with themselves & others, emotional regulation skills & responsible decision-making skills.

**01/08: Triple Play: Daily Challenges-** Part of the Triple Play suite of programs, Daily Challenges helps youth build movement skills & positive attitudes toward physical activity. The program consists of 32 diverse games, cooperative activities & sports that develop a young person's ability, confidence & motivation to be physically active.

**01/17: Power Hour-** In eight sequential sessions, young people explore academic topics such as how one learns, the power of cultivating a growth mindset, goal-setting & research. With additional sessions in ongoing enrichment & skill-building activities, from book clubs to homework help & tutoring.

**01/26: 4H Communications Curriculum-** Join us as we explore the world of communication & learn more about yourself & how to communicate with others

**01/23: Teens United-** Join us for our last meeting of this calendar year! We will discuss the many ways we can meet incoming teens prior to their arrival, what to expect & how to welcome new teens into our program! Usually held on the 4<sup>th</sup> Tuesday of every month- this month on the third Tuesday due to the holiday.

**01/30: The Ultimate Journey-** An environmental stewardship & cultural heritage program.

## Trips, Events & Closures

**01/15:** MLK Jr. Day (All CYP closed)

**01/26: Teens Choice!** Back again with another Teens Choice! With it being a no school day, we will be open 8 AM – 5 PM. The teens will have the choice of what we do! They will be able to make this decision between 10 AM – 3 PM. Make sure your teen brings lunch (that is not free), as there is no guarantee that we will get food. No registration required- just show up ☺ Please reach out to the Teen Coordinator for more information 202-718-8466

## KUDOS ZONE!!

Big shout out to our December *Teen of the Month*, **Kaylee K!** She was voted on by her fellow teens & came out as winner!

Let's give recognition to our previous months winners as well:  
October- Yasmeen G. & Lacy B.  
November- Mariah M.

*Our Teen of the Month falls into our MYOY/YOY curricula from The Boys & Girls Club of America (BGCA).*

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