

THE FLEET & FAMILY SUPPORT CENTER



Naval Air Station Patuxent River
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APRIL 2026 WORKSHOP & EVENT SCHEDULE

To register for a workshop, call or email FFSC. Classes are available to all with base access, unless otherwise noted.

FFSC CLASSROOM		
APRIL 1	SAPR ADMINISTRATIVE UVA TRAINING	1000-1200
APRIL 2	PRESEP (Active Duty Only)	0900-1130
APRIL 2	SAFETY TRANSFERS/TCAD (FAP) (MyNavyFamily)	1000-1100
APRIL 2	AUTISM AWARENESS WITH EFMP CASE LIAISON (NEX)	1100-1300
APRIL 2	SAAPM KICKOFF PROCLAMATION SIGNING (NEX)	1215-1315
APRIL 2	CAR BUYING	1400-1530
APRIL 3	EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) 101	1100-1200
APRIL 3	#NO2ABUSE - CHILD ABUSE & TEEN DATING VIOLENCE AWARENESS EVENT (Frank Knox Bldg.)	1200-1530
APRIL 6	EFFECTIVE COMMUNICATION	0900-1000
APRIL 8	QUARTERLY SUICIDE PREVENTION COORDINATOR MEETING (SPCs/ASPCs Only)	1300-1400
APRIL 9	GETTING READY FOR KINDERGARTEN	1200-1300
APRIL 9	YOUR MONEY! YOUR RETIREMENT! (BRS & TSP) (Teams)	1400-1530
APRIL 10	FOREIGN SPOUSE ORIENTATION	0800-0900
APRIL 10	SAAPM A MILE IN THEIR SHOES (Drill Hall Track)	1030-1230
APRIL 13	LET'S TALK FEDERAL EMPLOYMENT	0900-1100
APRIL 13	DEPLOYMENT SUPPORT	1000-1100
APRIL 14	MIND BODY MENTAL FITNESS – MINDFULNESS & MEDITATION (Teams)	1300-1430
APRIL 15	PRESEP (Active Duty Only)	0900-1130
APRIL 16	DEVELOPING YOUR SPENDING PLAN	1400-1530
APRIL 17	MIND BODY MENTAL FITNESS – LIVING CORE VALUES (Teams)	0800-0900
APRIL 20	HUNT, FIND, APPLY – EMPLOYMENT ASSISTANCE	0900-1100
APRIL 23	SAAPM GOLF TOURNAMENT (Cedar Point Golf Course)	0900 START
APRIL 24	ANGER & EMOTION REGULATION (Teams)	1000-1100
APRIL 29	SURVIVOR BENEFITS PLAN (SBP) (Teams)	1400-1530
APRIL 29	SAAPM DENIM DAY (All Day) & STRIKE OUT SEXUAL ASSAULT BOWLING TOURNAMENT (Bowling Center)	1200-1500
APRIL 30	JOB FAIR (Liberty Community Center)	1000-1400
APRIL 30	WHAT IS STALKING? (MyNavyFamily)	1000-1100

TAP Schedule is on www.tapevents.mil. Please see Command Career Counselor for TAP Class Registration

Note: Classes are subject to change. Please call for the most updated schedule.