



**American  
Red Cross**

# LIFEGUARD RECERTIFICATION COURSE



**WHEN:**

February 17 from 8:30 AM - 6:30 PM

**LOCATION:**

Dahlgren Aquatics Center  
6110 Jenkins Road Bldg. 1193  
Dahlgren, VA 22448



**COST:**

\$150 per person

(This class is for Lifeguards seeking recertification only. Must be within 30 days of expired or expiring certificate. (3 students min. to hold a class)

**REGISTER IN-PERSON OR VIA EMAIL**

[tarina.h.silvis.naf@us.navy.mil](mailto:tarina.h.silvis.naf@us.navy.mil)

**CALL (540) 653-8088**

## MUST COMPLETE THE PREREQUISITE SWIM TEST

Visit [NavyMWRDahlgren.com](http://NavyMWRDahlgren.com)  
or **scan the QR code** to see the  
full list of requirements.



Open to all with base access, must be 15 by the last day of the class and may be able to pass the prerequisite skills listed above. Must be present for all classes to certify.



VISIT [NAVYMWRDAHLGREN.COM](http://NAVYMWRDAHLGREN.COM)

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